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PSYCHOBIOLOGICAL FACTORS THAT INFLUENCE
OUR SUCCESS

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Once Michael Jordan said: "I've failed over and over and over again in my life and that is why I succeed." Mistakes mean that we try. They give us the opportunity to understand the real meaning of all the aspects in our life. There is nice Swedish proverb that says "God gives every bird a worm, but he does not throw it into the nest". It's not enough to be beautiful to become successful. Because the most practical, beautiful, workable philosophy in the world won't work if you won't. We should always save our individuality. It's impossible to reach success being grey. The most determinative sentence that should always be followed in Life: "The game is not over because I haven't won yet". One should never waste his precious time thinking about his failure. It's better to treat mistakes like a game. Press restart, get back and never give up. Because as Ralph Emerson said "The only person you are destined to become is the person you decided to be". According to different research cheerful people are more likely to try new things and challenge themselves that leads to success in work, good relationships and strong health. The link between happiness and success was investigated by a team from the University of California Riverside. Their studies revealed that having a sunny outlook on life appeared to precede good fortune. A person should always give his best in each role and rest assured that he will be successful. But what is the definition of success? It depends upon one's perspective in life. For some it means to have an expensive car, for some it's to become a popular star or a super model. However, it is better to carefully establish your definition of success in order to recognize it once you have achieved it. According to my personal research for children success is to have toys they want and surprisingly for me to have good friends, for young people success is to reach their aims, to find their second halves and to get well paid jobs. I found out that for adults success is mostly connected with the health of their relatives, and their children's happiness. For different people success means a different thing but still it is the same word success, it lives in all of us and to reach it we just should never give up on our hopes. In the end I would like to tell some more of wise words of Ralph Emerson: "What is Success? To laugh often and much; to win the respect of intelligent people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty; to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to know even one life has breathed easier because you have lived; this is to have succeeded".